

CARRINGTON RYAN, BSW, RSW
Social Worker/Rehabilitation Consultant
February 2022

PROFESSIONAL EXPERIENCE

Social Worker/ Rehabilitation Consultant

Abilities Rehabilitation Services, Midland, ON

2018- Present

- Assess the community rehabilitation needs of persons using a structured interview process and/or analysis of data. Including synthesis of medical, educational, employment, and psychological records.
- Develop and coordinate goal-directed rehabilitation plans for individuals of all ages who experience cognitive, physical, behavioural, and/or psychosocial changes. Groups served include: brain injury, complex orthopaedic injuries, spinal cord injuries, mental and behavioural disorders, and sensory impairments.
- Facilitate referrals to community resources for assessment and intervention to clarify and address specific rehabilitation needs.
- Implement plans aimed at quality of life and reintegration into home, work, school, and the community.
- Review and monitor plans and liaise with the injured individual, family, caregivers, health care professionals, workplace/school personnel, funders, and referral sources, as needed.
- Provide clinical counselling to individuals, couples and families.
- Review and monitor plans and liaise with the injured individual, family, caregivers, health care professionals, workplace/school personnel, funders, and referral sources, as needed.
- Determine educational and vocational needs; provide educational and employment counselling and placement assistance; conduct worksite surveys; facilitate training programs, work trials, job coaching, and graduated return-to-work plans.
- Provide reports to communicate functional status, employment/educational status, rehabilitation needs and associated costs, and outcomes.
- Negotiate funding to implement necessary plans, as needed related to legal, academic, vocational and financial obligations.

Learner Affairs Officer

Northern Ontario School of Medicine, Sudbury, ON

August 2021 - Present

- Assist students with accommodation plans to meet their physical, mental and intellectual difficulties
- Facilitate career counselling throughout all 4 years of medical school
- Advocate for student wellness on various committees
- Support students from a psychosocial standpoint throughout medical school
- Facilitate various community referrals as needed
- Work within an interdisciplinary team to provide learner wellness
- Work within a learner centered environment
- Provide academic and personal support as required

Carrington Ryan

Mental Health Support Worker

Rayside Balfour Canadians, Sudbury, ON

September 2020- Present

- Provide evidence-based mental health and suicide awareness education for athletes and team members
- Facilitate one on one counselling support to young male athletes
- Provide a safe space for these vulnerable youth to feel accepted and heard
- Facilitate referrals to community resources for assessment and intervention to clarify and address specific needs
- Provide counselling, psychoeducation and support to staff, parents and volunteers when needed
- Participate in team meetings and case conferences

Social Worker

Health Sciences North, Sudbury, ON

Short Term Assessment and Treatment (STAT) Program

Sept 2019 – Dec 2019

- Facilitate referrals to community resources for assessment and intervention to clarify and address specific rehabilitation needs.
- Help the elderly adjust and cope with problems they may experience including; navigating the Long-Term Care referral process, emotions of depression and anxiety, housing problems and loneliness.
- Implement plans aimed at quality of life and reintegration into home and the community.
- Review and monitor plans and liaise with the individual, family, caregivers, and health care professionals and referral sources, as needed.
- Provide counselling services to both the individual and family member(s).
- Openly communicate care plans within an interdisciplinary team

Employment Placement Consultant

YMCA of North Eastern Ontario, Sudbury, ON

July 2018- Oct 2020

- Assess individuals seeking employment supports utilizing a psycho-social approach
- Assist individuals in addressing and overcoming various employment barriers include housing and mental health and addictions
- Facilitated pre-employment workshops including self-esteem, social media awareness, motivation and transferable skills
- Provided ongoing retention and on the job supports
- Developed individualized action and goal plans
- Worked with individuals on Ontario Disability Support Plan and Ontario Works to provide an inclusive and accepting environment both in the community and in the workplace
- Educated and provided supports to employers around various physical, developmental and psychological disabilities

Carrington Ryan

Support Worker

Sudbury Developmental Services, Sudbury, ON

2015- March 2019

- Assisted older adults with physical and cognitive disabilities with different life skills such as personal hygiene care, food preparation and administration
- Assisted with medication administration and personal financial management
- Interacted and engaged with clients both in a home setting and in a community setting.
- Managed, dealt and defused with different levels of behaviors, helped clients with coping strategies, assisted in behavior support plans

EDUCATION

Master of Social Work

September 2020 - Present

Laurentian University, Sudbury ON

- Advanced Social Work Practice/Research Methods/Social Policy

Honours Bachelor of Social Work Degree

Laurentian University, Sudbury, ON

May 2018

- Basic Intervention Skills/ Social Work in Groups/ Social Work in Research/ Human Service Organizations/ Integration Seminars/Social work with Individuals and Families/ Gerontological Social Work/ Child Abuse and Neglect

INTERNSHIPS

Health Science North: Mental Health and Addictions Centre

2017

Sudbury Vocational Resource Centre

2017

PROFESSIONAL DEVELOPMENT

CBT Intensive Training for Social Workers

April 2021

Guest Lecturer Georgian College - Social Service Worker Program

Feb 2021

Compassion Fatigue Conference - Gluckstein Lawyers

Feb 2021

Building Mental Resilience in Uncertain Times

Jan 2021

OASW Learning Centre: Managing Virtual Burnout for Online Providers

Jan 2021

Think Research: Introduction to Virtual Care for Social Workers

May 2020

Seniors Summit Conference

Nov 2019

Ontario Disability Employment Network Conference

Oct 2018

President of Laurentian University Social Work Student Council

2017-2018

REGISTRATIONS

Ontario College of Social Workers and Social Service Workers

2018-Present

Ontario Association of Social Workers (OASW)

2016- Present

LANGUAGES

English, French